



Total Aquatic Solutions

Pty Ltd

Location:

Carey Sports Complex
169 Bulleen Road
Bulleen Victoria 3105

Phone: 03 9852 0536 Ext 3 **Fax:** 03 9850 7574

Email: admin@totalaquaticsolutions.com

Office Hours: 2.30pm – 6.30pm Monday to Friday

Welcome To Total Aquatic Solutions Pty Ltd

We offer the total package of swimming “Infants to International Swimmers”.

We are a company that offers a swimming environment where champions are inevitable.

Vision Statement

Total Aquatic Solutions provide a balanced pathway that develops, educates and nurtures our community to reach their full potential in Aquatic Sport and life.

We do this through:

- Learn to swim programs
- Squads through to international level
- CA Tritons Inc. Club events, activities and competition
- Staff development and training programs

Learn To Swim Programs

we conduct learn to swim lessons on a Monday, Tuesday, Wednesday, Thursday and Friday afternoons. We have 9 levels in our learn to swim (LTS) program and 2 levels in our Mini Squad program. Lessons are charged by the term. Before we can place your child in a class we will need to assess them, so we can place your child in the appropriate level.

- **Levels**
 - **Tadpoles** – focusing on water familiarization, water safety and confidence.
 - **Frogs** – focusing on water safety, confidence and starting to introduce basic freestyle and backstroke.
 - **Armstrong 1, 2 & 3**– the three Armstrong levels are working on basic stroke development in freestyle and backstroke.
 - **Perkins 1 & 2** – the three Perkins levels are the consolidation on freestyle and backstroke techniques. The introduction of Breaststroke.
 - **Fraser** – further development of freestyle, backstroke and breaststroke and the introduction of the butterfly stroke.
 - **Mini Squads** – Katsoulis & Reese, the introduction to squad structure, with the main focus on technique development of all 4 strokes.

Squad Program

Our squad program provides a pathway of technical development and training principles for swimmers looking to fulfil their potential in the sport of swimming. Integration with the CA Tritons Inc. provides additional exposure to the sport of swimming at a competition level.

We have 5 levels in our squad program:

- Development Squad
- Junior Squad
- District Boys & District Girls
- State Boys & State Girls
- National Squad

For more information on our Squads program and to book an assessment time please phone our office on:
Phone 03 9852 0536 Ext 3 **Office Hours:** 2.30pm – 6.30pm Monday to Friday

CA Tritons Inc.

The swimming club associated with the TAS program is the CA Tritons Inc. All swimmers from Development Squad and up are encouraged to join the Tritons. They run club night competitions on a Wednesday evenings. Being a member of the Tritons enable you to compete in Swimming Victoria events. Ask our front desk for more information or visit: www.catritons.com

Other Information

- **Fees & Payment**

Lessons are charged by the term. Clients are required to pay their term fees within the first two weeks of each term. Fees not paid by the required date may result in your enrolment being cancelled. We accept Bankcard, MasterCard, Visa and EFTPOS, cheques payable to "Total Aquatic Solutions Pty Ltd", or cash.

- **No Makeup Lessons**

We do not offer makeup lessons.

- **Credits / Medical Certificates**

If a swimmer misses 3 consecutive weeks of lessons due to a medical reason a credit will be given. The credit will be processed only upon supply of a medical certificate and it will be put towards the next terms fees. We do not provide refunds. Payment of your swimming fees secures your place for the entire term. If you choose to pull out of the program part way through a term, there is no refund (or credit) of your fees.

- **Swim Caps & Goggles**

It is advised that children wear fitted swimwear, swim caps and goggles during lessons. Board shorts are not appropriate for lessons as they act as a drag suit, it is best to wear fitted bathers, a swim cap that keeps hair out of the child's face and good fitting goggles.